WHO WE ARE/Mission
We are Hawaii’s first and only (as far as I know), commercial rainbow trout aquaponics facility.

My dream is to build partner farms who would come into our program for a year to learn the system... and then build a footprint similar to what we have right now. A farmer could make $100,000 a year off of a third of an acre of land.

WHY WE FARM
• In the back of my mind I have always wanted to be a farmer. I’ve been a backyard farmer my whole life.
• I visited an aquaponics operation and became interested in the process and in 2010, I bought some property to start my own aquaponics farm
• I’d researched rainbow trout and watercress and found that both are nutritious, very economical to raise, and are high value products
• I have supplemental income through social security so I don’t do it because I have to, I do it because I love it: the people, fish, farming, etc.

OUR FARM FUTURE
• In the process of getting watercress distribution going.
• Scale up to 2,000 lbs. of fish a month.
• Operating at a scale that allows me to buy the land I farm on, have a big enough hatchery to support other farms and provides enough income to live comfortably.
• Increase the number of interns from programs like Farmers Union.
• Developing a network of partner farmers selling live trout. I’d love to have a hundred partner farms, and we could all do watercress and trout. I really see a huge market for smoked trout filets… not just in Hawaii, but around the world.

Word to the Wise
“Don’t overextend your crop selection… We made that mistake and were spread so thin.”
“Being in agriculture requires you to problem solve constantly. Expect problems. Count on it, and deal with it. You just can’t quit.”
“Access to capital and being allowed to live on your farmland are crucial.”
“Agriculture is not for the weak.”
“I like to define farming as long periods of tedium interspersed with brief bursts of sheer terror and panic.”

WHAT WE GROW & OFFER
• Rainbow trout (sells to Mama’s fish house)
• Watercress (sells to restaurants in bulk, as well as 6 oz.

WHERE YOU CAN FIND US
• http://kulahavenfarms.com/