



Bear Claw Farm *Rose Matthews* *Farmer & Multi-Tasker*

Waimanalo, O'ahu



WHO WE ARE

We grow a variety of vegetables and greens: from basil to hot peppers to tomatoes and more. All are grown with organic practices to ensure happy land, happy plants and beautiful food.

WHY WE FARM

- Bear Claw Farm is the culmination of a longstanding dream.
- I love it here, can't leave.

OUR FARM FUTURE

- Continuing to grow for restaurants
- Sell directly to Farmers markets
- Maintain our CSA

WHY GOFARM HAWAII

- The hands-on experience.
- Given me the tools and the land to learn how to grow things commercially.
- Utilize the resources, You can go far with GoFarm.

WHAT WE GROW & OFFER

- Variety of Vegetables
- Mix Greens
- Roots
- Herbs

WORD OF THE WISE

I never thought I would have my own small business or farm at this point in my life. I thought I would do that later when I had more money or connections or land, but I realize that...there's just now. If you wanna do it, you do it now. You'll make it happen if you wanna make it happen. Anyone can grow food.

WHERE YOU CAN FIND US

- Visit www.gofarmhawaii.org to view Rose's Full Video Interview
- www.bearclawfarm.com & social media



GOFARM
HAWAII
UNIVERSITY OF HAWAII
ALUMNI

GFH Site: Windward GFH Level: AgIncubator Cohort: 5 Status: Part-time Farmer Acreage: 3/8 Acre