



Windward (O'ahu) Cohort10

LUBEI CAVIN

"TAKING ROOT" URBAN FARMING

"Taking Root" by IHS (Institute for Human Services)

OUR MISSION

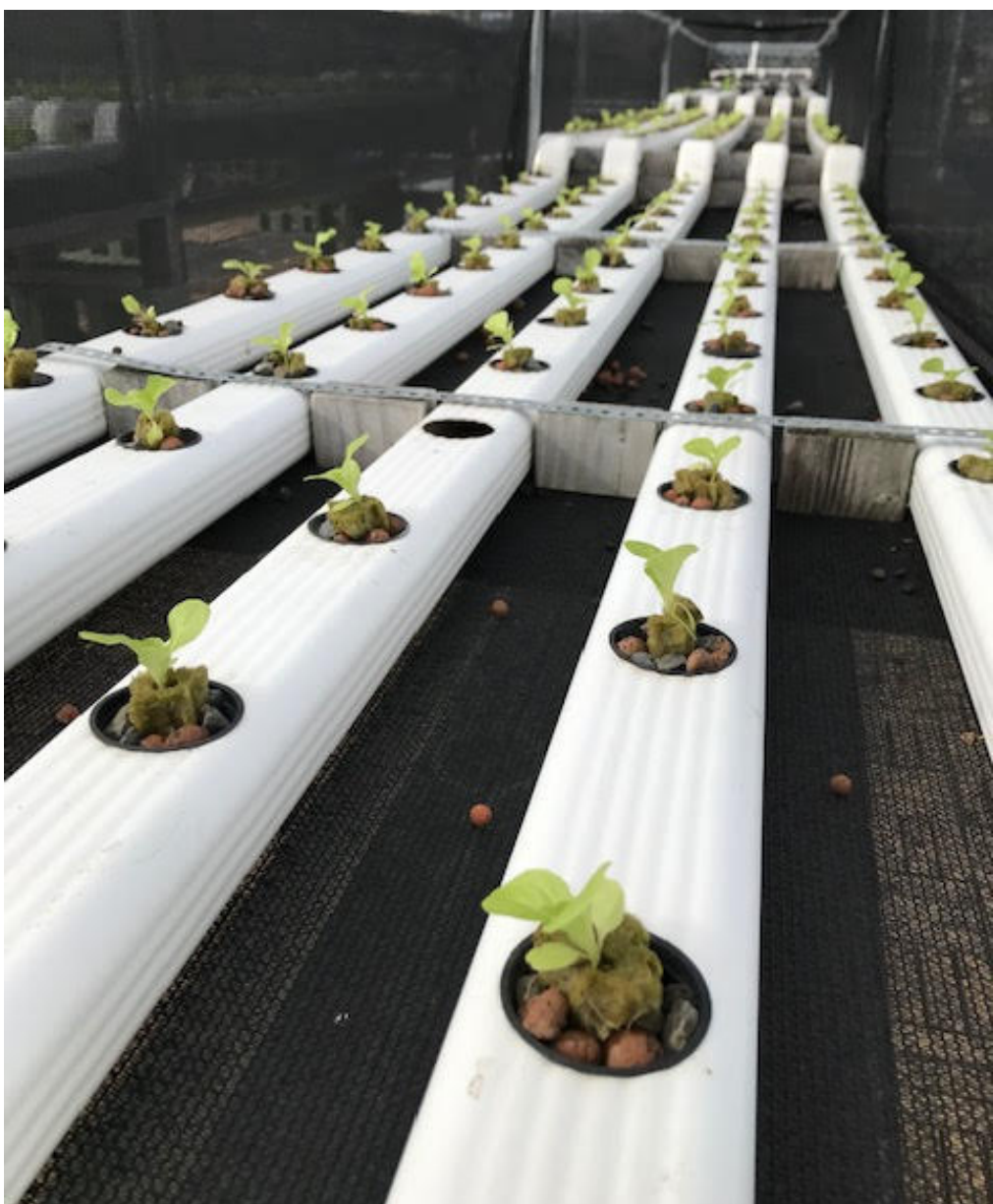
Our mission is to empower people through agriculture and inspire healthier communities.

WHERE IS YOUR FARM LOCATED?

We have 3 different sites: IHS Women & Children Shelter (roof top garden), Kahauiki Village, and Hale Mauiola at Sand Island.

LESSONS FARMING HAS TAUGHT YOU?

Humility and to be of service rather than being caught up on the me-me-me train.



WHAT INSPIRED YOU TO START FARMING?

I'm inspired by my great grandmother Dilubech who lived on a remote island and was able to live, farm and be sustainable all by herself. I have a new appreciation for the peace that comes when I'm in nature.

WHY DID YOU PICK GOFARM? HOW DID YOU HEAR ABOUT IT?

I heard about GoFarm from my boss at the time (Tristan Abbot). I was excited to know that the program existed and I needed all the training and help I could get.

WHAT IS THE MOST REWARDING PART OF THIS?

Bringing our participants on delivery runs and seeing their reaction when they see our produce in stores. Also witnessing them progress in other aspects of life is a great reminder that we have an opportunity to make a difference in people's life through agriculture, how rewarding is that! :)

WHERE DO YOU SEE THIS BUSINESS IN 5-10 YEARS?

We hope to expand into having a farm-based community where our participants can live on an actual farm and continue learning and providing fresh organic produce to all IHS shelters and our vendors.

WHAT OTHER FARMS/FARMERS DO YOU LOOK UP TO?

Of course Go Farm is my number one. I would not be able to do what I do without the experience. Just yesterday I called my classmates (Tina Bushnell and Brian Boltz) bombarding them with questions. Thank God they have not gotten tired of me yet. We're not doing the work alone, there's a whole community of GoFarmers that are pitching in behind the scenes.

WHERE CAN WE FIND YOU?

Down To Earth (S.King)
Kokua Market

 @takingroothawaii
 @Lubei_Cavin